RUPIN PASS TREK 2017 - 'Himachal and Uttarakhand' (09 nights 10 days)



Rupin pass is one of the most fantastic treks in this region. The trek begins from the lovely valley of Sangla in Himachal Pradesh and moves onto Uttarakhand via Rupin pass. In terms of landscape, gradient and altitude, it offers a wide range. Not a very well known trek, it certainly is one of the most beautiful being full of streams, waterfall, river, mountain views, snows, beautiful meadows full of flowers etc.

Dates: Year 2017
Starting point: Chandigarh

End point: Dehradun, Uttarakhand

No of trekking days: 07
Total trekking distance: 60
Total road distance covered: 550 kms

Highest point: Rupin pass (4750M)

Grade: Moderate

Meals: Dinner on day 01 to dinner on day 09

Permits required No

ITINERARY:

Day 01: Chandigarh-Thanedhar- 196 KMS - 06 hrs

Reach Chandigarh at 0350 hrs by Kalka mail. Get off and drive to Thanedar. Stop en route at Shimla for breakfast and freshen up. Carry onto Thanedar. Check into Banjara retreat around 1100 hrs. After lunch, hike to Hatu peak. Evening around a bonfire. Night stay in retreat.

Day 02: Thanedhar- Sangla- 156 Kms - 6.5 hrs

Wake up early in the morning. After breakfast, drive to Sangla. Reach Sangla early n the evening. Check in and hike up to Batseri village after freshening up. Evening around a bonfire. Night stay in camp.



Day 03: Sangla- Acclimatization walk- 4.5 kms

Drive to Chitkul village (the last border village on Tibet side) and hike up to Nagasthi (the last border outpost). This is a 1.5 kms long walk in high altitude. The gradient is gentle, almost flat and is by a stream. Back to camp by late afternoon. Rest of the day at leisure. Evening around a bonfire.

Day 04: Sangla (2700m) - Sangla meadows (3600m) - 4-5 hrs

Drive to Sangla bazar from the camp 8kms/20 minutes. Walk through Sangla village to the bridge over Baspa river. Start walking up towards Sangla meadows. Sangl meadows has a small ice water lake and offers tremendous views of the Kinner Kailash range. Lunch by the lake side. Walk back to Sangla bazar and take the car to the camp. Total height gained is about

2500 feet. Sangla meadow is a perfect place to see the Kinner Kailash massif in its full glory. The locals have their fields in the Sangla meadows (or Sangla Kanda as they call it). As going up and down every day is inconvenient, so lot of people have made their temporary huts here called 'Dogri'. Night stay in tents.

Day 05: Sangla meadows- Base of Rupin pass (about 3500m) - 4-5 hrs

After Breakfast hike towards base of Rupin pass. When it starts to get cold in the valley, the shepherds often take their sheep and goat herds across



Rupin Pass (visible in the distance) to the meadows near Dehra Dun. Night stay in alpine tents.

Day 06: Base of Rupin pass- Rupin pass (4750m) - Dandrash (3450M) - 6-7 hrs

This is a tough day on the trek with steep uphill and downhill climbs. There would be snow at the pass.



Day 07: Dandrash- Jiskool (2320M)- 5-6 hrs

This is a lovely hike through meadows and then we hit the valley. We walk past a waterfall and cross a cross a river.

Day 08: Jiskool- Sewa (2040M)- 4-5 hrs

From here on, it is a gradual downhill walk most of the way. Visit some old Himachaly villages on the way.

Day 09: Sewa- Dhula (1560M)- Mussoorie- 03 hrs walk and 06 hrs drive

Last day on teh trek, we reach Dhula where vehicles will be waiting to carry us on to Mussoorie. Settle into your rooms in Mussoorie. Rest of the evening at leisure.

Day 10: Morning Jan Shatabdi from Dehradun back to Delhi and connecting flights/ trains out.

Leave early in the morning from Mussoorie and drive to Dehradun to catch Jan Shatabdi back to Delhi.

COST PER PERSON:

COST INCLUDES:

- Accommodation on twin share basis.
- Thanedhar: Banjara Retreat, Regular room: All meals
- Sangla: Banjara tent: all meals
- Trek Banjara
- Mussoorie: Kasmanda palace or similar- room only
- Transport from Chandigarh to Sangla and Dhula to Dehradun Airport/railway station.
- Trekking arrangements for 5 nights 6 days with kitchen and trek support and staff.
- Taxes.

ACCOMMODATION:

THANEDAR Banjara Retreat
SANGLA Banjara Camp
ON TREK Alpine tents

MUSSOORIE Kasmanda Palace or similar

WHAT TO CARRY:

- 1. T-Shirts & Shirts (Preferably Long Sleeved)
- 2. Trousers, Jeans & Track Pants
- 3. Pullover a heavy one for April & Oct
- 4. Wind Cheater & Jacket- a heavy one for April & Oct
- 5. Thermal Wear (for April and October)
- 6. Gloves, Muffler, Woolen Socks (for Apr & Oct)
- 7. Skull Cap & Balaclava (Monkey Cap)
- 8. Well Worn Sports or Outdoor Leather Shoes (pref. two pairs)
- 9. Personal Toilet Requisites
- 10. Personal Medication
- 11. Sun Glasses, Sun Block, Baseball Cap / Safari Hat
- 12. Rain gear (just in case)
- 13. Knapsack or Daypack (to carry water, camera)
- 14. Camera & Writing Material



Banjara Camps & Retreats Pvt. Ltd.

A26, Nangal Devat, Vasant Kunj, New Delhi- 110070 Phone no: +91 11 65152334/5/6

Email: info@banjaracamps.com / www.banjaracamps.com

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